



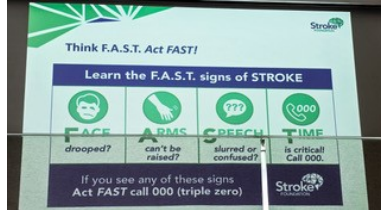
**PROBUS CLUB
OF
KAWANA
WATERS**



Members Newsletter March 2024

HIGHLIGHTS — PEOPLE AND PLACES

Heather Glen gave the Personal Portrait and Corale McVean from The Stroke Foundation was the Guest Speaker.



BUS/TRAIN TRIP—FRIDAY 23rd FEBRUARY 2024 Silver Bullet High Tea Experience

Members enjoyed the latest in the Mary Valley Rattler's fleet of heritage trains, the Silver Bullet railmotor. These beautifully restored trains are living up to their name by offering a silver-service experience for passengers as they glide through Queensland's picturesque Mary Valley. Departing Gympie every Friday, the Silver Bullet High Tea Experience is a must-do adventure for people who love to combine a spectacular landscape with a gourmet high tea.

GENERAL MEETINGS

Will be held on the 2nd Tuesday monthly

Our General Meetings are held at KAWANA SURF CLUB commencing at 10am.

APOLOGIES

For non-attendance. All Members should Notify:

Registrar Brian & Julie Knight by email bjfknight@bigpond.com.au Phone: 5452 6558

By Friday **AM** before the day of the meeting to assist with catering.



Sunday An Instant Affair with CCTC



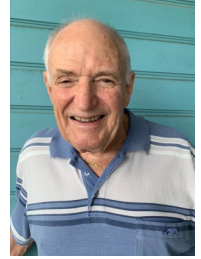
PROBUS CLUB OF KAWANA WATERS INC

P.O. Box 398, Buddina, Qld 4575 — Web Site: <https://www.probuskawanawaters.com>

From the President’s Desk - Peter Huthnance (February 2024)

Well..I would like to know where has the last twelve months gone whilst I have been President?!

I would like to thank you, our members, for the support and courtesy you have shown to me and all of your Management Team. Our Kawana Waters Probus Management Team members have all been amazing throughout the past year, and I sincerely thank every one of them for all of their time and effort over the last year.



It is time now for me to move on and hand the reins over to Alison, who I am sure will do a sterling job as your new President.

I would like to thank Alison and the incoming Kawana Waters Probus Management Team and wish them all the best in their roles for the next year.

Yours in Probus,

What is Kenilworth Bakery famous for?

Home of the world famous #1kg donut challenge and Australia's first coffee in a donut, Kenilworth Bakery is the Sunshine Coast's favourite bakery! Specialising in artisan donuts, pastries & coffees, the Kenilworth Bakery is a historic landmark established in 1924 and is even World Heritage Listed.



DINE OUTS

**I still have places available for the next dine outs— at The Bower Tree 6th March Breakfast at Tafe 7th March and Dinner at Tafe on the 30th May
PHONE MIKE ON 041632576E**

CRAFT MEETING

Craft in March is on 19th at Kawana Surf Club at 10 till 12noon — Craft in April is on 16th at Kawana Surf Club at 10 till 12noon

BRUNCH

Thursday 14th March 2024 11.00
We will be at The Velo Project1
9 Careela Street Mooloolaba



WEARING OF BADGES

A very necessary reminder that all members and visitors are required to wear their name badge at all times while attending Club functions. This helps visitors to interact with members – and vice-versa, helps newer members to get to know older members and – just as importantly - helps older members make newer members welcome.

If you forget to bring your permanent badge (or temporary badge if you are a visitor), a temporary stick-on badge

HAVE AN IDEA FOR A NEW INTEREST GROUP? GREAT! WE'D LOVE TO HEAR ABOUT IT.

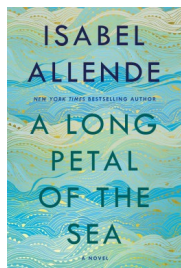
What should you do?

1. Test your idea on someone else -
2. Send an outline to the Management Committee (via the Secretary: kawanawatersprobus@gmail.com) setting out the idea, the purpose and the plan.
3. Once approved by the Committee, you can announce the formation of the new interest group and commence operation.



Club Web site: <https://www.probuskawanawaters.com> For password to access Members only section contact Web Officer Gerhard at Email: GK@kronberger.com.au

BOOK CLUB - LORRAINE SAMIN
A LONG PETAL OF THE SEA – Isabel Allende



This is the description of Chile by a passenger on the SS Winnipeg, a boat transporting refugees fleeing Spain's Civil War.

Civil war grips Spain when General Franco & his Fascists succeed in overthrowing the elected Republican government. Hundreds of thousands are forced to flee on a journey over the mountains to the French border. Among them is an accomplished pianist, Roser Bruguera. She is a pregnant young widow whose life becomes intertwined with Victor Dalmau, an army doctor & brother of Guillem, her deceased love. In order to survive, the two unite in marriage neither of them desires but necessary to be accepted as refugees in Chile. They embark on the SS Winnipeg & as partners, embrace exile. As the political stage in Chile becomes Impossible under General Pinochet's strict regime, they are then forced to exile again, this time in Venezuela. With each resettlement, they continue to assist others -Victor through medicine and Roser through her music. Over time and with the trials they face, their love becomes that of a long-married couple. They hope for the day they can return to Spain, however, the hope of return maybe their adopted home, Chile.

INTEREST GROUPS

| <i>Members & Guests Activities</i> | | |
|--|-------------------------------|----------------------------|
| Armchair Travel: | Anna Firmin | 0427 611 174 |
| Book Club: | Lorraine Samin | 0402 080 683 |
| Bus Trips: | Anna Firmin | 0427 611 174 |
| Cinema: | Mike Matthews Coral Horton | 0416325763 0410 613 026 |
| Brunch: | Pat Blakeman; | 0409 901 176 |
| Craft: | Lynne Rowell | 0427 517931 |
| Dining: | Mike Matthews | 0416325763 |
| Grumpy Old Men: | Brian Knight | 0414 538 560 |
| Local Theatre: | Lyn Peck | 0427 067 505 |
| Mahjong: | Kate Edwards | 0428 326 446 |
| Picnics: | Kay Cooper | 0411 722 545 |
| Walking: | Brian Knight | 0414 538 560 |

Internet Banking details: BSB: 638 070

A/c: 8576386

Ref: Your name and event.



BUS TRIP FOR 2024

**THE NEXT BUS TRIP
 ON FRIDAY, 19 APRIL 2024**

TO THE KALBAR SUNFLOWER FESTIVAL

THE COST FOR THIS TRIP IS \$90 PER PERSON. THIS WILL INCLUDE THE BUS TRIP PLUS ENTRY TO THE SCENIC RIM FARM WHICH HOSTS THIS EVENT.

PLEASE PAY THE AMOUNT DIRECT TO THE PROBUS CLUB ACCOUNT WITH YOUR NAME.

This will be a 2.5 hr drive down to Kalbar. There will be a wide collection of food and drink outlets on site. The management suggest we take cash as there is no ATM and the WiFi is rather erratic. Of course there will be a variety of Sunflowers for sale!

There is a very informative Website on Google!!

The bus will seat 40 and is from Kangaroo Bus Lines – I have 30 names already. Further details will be issued closer to the time.

Anna Firmin 0427611174



Computing Support contact:

Leigh Baker - Windows PCs and laptops, Android phones and tablets

John Roberts - IOS PCs and laptops Apple phones.

PAQ Web Site: enter the web site at www.paqnetwork.com.au

Secretary: mail@paqnetwork.com.au

Welfare & Support

Ruth McDonald — 0448 001750

Any members who are ailing or needing support please ensure that **Ruth** knows about it so that the Club is able to provide whatever assistance it can.

Treasurer's Report for February 2024

Opening Balance as at 1st February \$5,504.66
 Receipts up until 25th February \$1,504.00
 Expenses up until 25th February \$1,834.00
 Closing Balance as at 25th February \$5,210.66

Sonia Delaney

March Birthdays

Mary POCOCK 5
 Lorraine GLADIGAU 6
 Dawn WILSON 7
 Mike MATTHEWS 10
 Helen PRITCHARD 21
 Coral HORTON 23
 Kay COOPER 24
 Maureen KELLY 26



Wishing you all a very Happy Birthday



No Guest Speaker for March AGM



DINE OUTS

Our March dine out will be held on

Wednesday 6th March
Lunch 12 Noon
At The Bower Tree
10 Courage St, Sippy Downs

Thursday 7th March
Breakfast 7.30am
At Tafe

Bookings, apologies/cancellations to Mike Matthews



Suggestion Box

Don't forget to put suggestions in the box or email the Secretary with any item you wish to bring to the attention of the Management Committee:

DIRECTORY

MANAGEMENT COMMITTEE

Phone Contact

President: Peter Huthnance 0400 756 773

Snr Vice-President: Alison Wade 0401 640 348

Jn Vice-President: Robyn Cole 0400 599 885

Secretary: John Roberts 0438 148 447

Treasurer: Sonia Delaney 0412909340

Registrars Brian & Julie Knight 0414 538 560

CLUB OFFICERS

Assist. Secretary: Gaye Marchese 0424 299 642

Assist. Treasurer: Sue Taylor 0421 155 103

Assist. Registrar: Maggie Marsden 0411 144 343

Past President (ex officio) Leigh Baker 0423 988 504

Welfare: Ruth McDonald 0448 001750

Assist. Welfare: Sue Goodman 0402 850 691

Newsletter: Mike Matthews 0416 325 763

Guest Speaker: Sue Goodman 0402 850 691

Media Officer: Dorothy King 0406 908 698

Meet & Greet: Diana Armstrong 0488 070 225

Assist Meet & Greet: Bronwyn Miller, Sue Penfold,

Safety Officer: Sue Penfold 0413 470 494

Verifier: Gerhard Kronberger 0409 500 091

Website: Gerhard Kronberger 0409 500 091

Facilities Officer: Bill Delaney 0427 817 320

Lucky Door Prizes: Mary Hudson 0407 623 303

**THEATRE AND EVENTS FOR YOUR ENJOYMENT
LYN PECK FOR MARCH/APRIL / ETC**

SUNSHINE COAST JAZZ CLUB

Meets at the Power Boat Club Golden Beach on the 3rd Sunday of the month.

Contact PRESIDENT: JULIE WALKER 0412789957 For further details of membership and forthcoming events: <https://sunshinecoastjazzclub.net.au/>

CALOUNDRRA CHORALE AND THEATRE COMPANY (CCTC) Wurtulla

Love and other things of Great Importance (songs of love)

Sunday 24 March @ 2pm

Note: \$23 (if more than 10) FINAL date for payment 18 March

www.caloundrachorale.com.au

LIND LANE THEATRE, Nambour

Speaking in Tongues by Andrew Bovell

26 April - 5 May

www.lindlane.com.au

BATS THEATRE COMPANY Buderim War Memorial Hall, Main & Church Sts

Towards Zero, Agatha Christie, the classic murder mystery

19 - 27 April

www.batstheatre.com

THE EVENTS CENTRE CALOUNDRRA

All March concerts refer to website - some standouts are:

1 March -Jimmy Rees, Let's Get Regional

15 March - QLD Ballet on tour

11 April - Spellbound, a night of magic & grand illusion

www.theeventscentre.com.au

THE MAJESTIC THEATRE Pomona A great experience

2 March - The Strong Man, 1926 with Harry Langdon

15 March - No Regrets - The Edith Piaf story

Silent movies every Saturday at 12 plus live shows

www.themajestictheatre.com.au

SUNSHINE COAST CONCERT BAND Kawana Community Hall, Buddina

150 years of Gustav Holst

Sat 9 March 2pm \$25 pay at door includes afternoon tea

www.sccb.org.au

SUNSHINE COAST SYMPHONY ORCHESTRA Events Centre Caloundra

Northern Lights: The Music of Scandinavia

Sat 23 March 7pm

www.sunshinecoastsymphonyorchestra.com.



ARMCHAIR TRAVEL PROGRAMME 2024

FRIDAY 8 MARCH—09:30 at Kawana Surf Club

JAMES MCALLOON FROM CHIMU ADVENTURES.

Who remembers last March when James, with Chad Carey from Chimu Adventures gave a most interesting presentation on the company's Fundraising walk from Alex Headland to Ayres Rock.

Well, this visit James will complete his walk through to Broome and then he will give us an insight into his latest adventure of climbing the highest mountain in South America!

This session is at the Surf Club starting at 09:30.

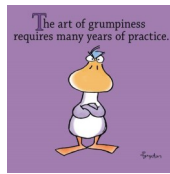
Unfortunately, I will not be there but Mike Matthews will Chair this meeting.

Apologies to Mike Matthews



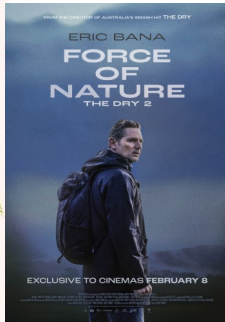
CLUB ACTIVITIES

Check Calendar for times and Locations



CONVENORS REPORTS FOR JANUARY 2024

CINEMA CORAL HORTON



This month at the Cinema it has been a mixed bag. 'The Holdovers' is an Oscar nominated movie for various categories. I really did enjoy this movie and it was quite touching in places. The much-disliked teacher assigned to look after the kids with nowhere to go at Christmas, and the 'bad boy'. At the end, a poignant moment.

Overall recommended. Next 'Force of Nature' Dry 2. Well one thing it wasn't was Dry!!! Set in the stunning scenery of Otways and Dandenong Ranges it seemed to be continually raining! I really enjoyed it, but none of us came out of the cinema raving about it. It lacked the strength of the first 'The Dry', and the story line had three threads which flashbacks were used to relate. A touch confusing. It's worth watching for sure, but don't expect such an extraordinary movie as the first one. Next 'Bob Marley. One Love' another well-acted movie, giving the background of this extraordinary performer, and lots of his music. And then this week we saw 'Argyle' ...OMG not what I expected a real spoof and so funny. I mean what else could you do but laugh...the spy was on the goodies side then on the baddies, then on the goodies. Etc, The 'dance' routines were so hilarious, the imagination of whoever wrote it is crazy! Not a good review as far as what to expect in the quite long movie, but be prepared for your mind to keep trying to work it all out along with the laughs...as always, we enjoy a lunch and chat afterwards. Please join us.

GRUMPY OLD MEN

Thursday 22nd February Eumundi Museum

5 attended this small museum, (Currently displaying bones on loan from the Gympie Museum. We proceeded on to have lunch at the Tewantin Bowling Club but found there was a large group about to have lunch, so when to the Noosa Yacht Club. This was a good decision, the meal was excellent.

GUEST SPEAKER REPORT FROM FEBRUARY GENERAL MEETING FROM ROBYN COLE

The guest speaker for February was Corale McVean from the Stroke Foundation. Unfortunately, because of a long general meeting her speaking time was cut short and there was no time for questions and answers. Sue Goodman asked if we would like to have Corale back on a future occasion and there was a resounding YES.

Although some of us may have had a stroke or known friends/family who have had a stroke, Corale's information was very relevant to us all. There are 2 types of strokes: 1) ischaemic stroke i.e. a blockage of the carotid artery, and 2) a haemorrhagic stroke due to an aneurysm (or burst blood vessel). Statistically 1 in 4 people will suffer a stroke but the good news is that 80% of strokes can be prevented with annual health checks for blood pressure and cholesterol, and adopting a healthy life style. Time is critical in getting medical help for stroke victims and should be accessed within 4 hours from the onset of symptoms. Think of the acronym FAST: F= facial droop; A= arms can't be raised; S= slurred speech; T= time critical, call 000 urgently.

Looking forward to more information at Corale's next talk some time in the future.

Walking Group report—Friday 2nd February (Foote Sanctuary) 6 members enjoyed this short walk Friday 2nd February (Foote Sanctuary) 6 members enjoyed this short walk

| Day | March2024 | Time | Coordinators |
|-----------|---|--------------------|-------------------------------|
| Friday | 1 Walking: Buderim Forest Waterfall walk | 7.30am | Brian Knight |
| Saturday | 2 Cinema: Venue TBA | TBA | Mike Matthews Coral Horton |
| Monday | 4 Mahjong: Club Kawana | 10am | Kate Edwards |
| Tuesday | 5 Picnic: Parkyn Parade Mooloolaba at the large undercover area. | 12 Noon | Kay Cooper |
| Wednesday | 6 Dine Out: The Bower Tree -10 Courage St, Sippy Downs | 12—Noon | Mike Matthews |
| Thursday | 7th Dine Out: Breakfast at Tafe | 7.30am | Mike Matthews |
| Friday | 8 Armchair Travel: Chimu Adventures | 9.30am | Mike Matthews |
| Saturday | 9 Cinema: Venue TBA | TBA | Mike Matthews Coral Horton |
| Tuesday | 12 GENERAL MEETING No Guest Speaker—AGM | 10am-12noon | Brian & Julie Knight |
| Thursday | 14 Brunch: The Velo Project Careela Street Mooloolaba | 11.00 | Pat Blakeman |
| Friday | 15 Walking: Yaroomba Bushland Park | 7.30am | Brian Knight |
| Saturday | 16 Cinema: Venue TBA | TBA | Mike Matthews Coral Horton |
| Monday | 18 Mahjong: Club Kawana | 10.00am. | Kate Edwards |
| Tuesday | 19 Craft: Kawana Surf Club | 10am 12.00 noon | Lynne Rowell |
| Saturday | 23 Cinema: | TBA | Mike Matthews Coral Horton |
| Monday | 25 Book Club: Kawana Surf Club | 9.30am | Lorraine Samin |
| Tuesday | 26 Management Committee Meeting Venue TBA | 9.30am | Alison Wade |
| Tuesday | 26 Deadline for submission of Material for Newsletter | | Mike Matthews |
| Wednesday | 27 Sinclair Coaches to Beauty and the Beast | 9.55am | Mike Matthews |
| Thursday | 28 Grumpy Old Men: Butterfly House, Bongaree | 10.00am | Brian Knight |
| Saturday | 30 Cinema: | 10am | Mike Matthews Coral Horton |

| Day | April 2024 | Time | Co-Ordinator) |
|--------------------|---|--------------------|----------------------|
| Monday 1 | Mahjong: | 10.00am | Kate Edwards |
| Tuesday 2 | Picnic: Currimundi Park in Currimundi Esp. Currimundi. | 12 noon | Kay Cooper |
| Wednesday 3 | Dine Out: | 12 noon | Mike Matthews |
| Friday 5 | Walking Group: Park Lakes Bli Bli | 7.30am | Brian Knight |
| Saturday 6 | Cinema: Venue TBA | TBA | Mike Matthews |
| Tuesday 9 | General Meeting: At Kawana Surf Club Speaker: | 10am-12noon | Brian & Julie Knight |
| Thursday 11 | Brunch: TBA | 11.00 | Pat Blakeman |
| Friday 12 | Armchair Travel : Kawana Surf Club, | 9.30am | Anna Firmin |
| Saturday 13 | Cinema: Venue TBA | TBA | Mike Matthews |
| Monday 15 | Mahjong: Kawana Bowls Club | 10.00am. | Kate Edwards |
| Tuesday 16 | Craft: at Kawana Surf Club at 10 till 12noon | 10am | Lynne Rowell |
| Friday 19 | BUS TRIP TO THE KALBAR SUNFLOWER FESTIVAL | TBA | Anna Firmin |
| Saturday 20 | Cinema: Venue TBA | TBA | Mike Matthews |
| Tuesday 23 | Management Committee Meeting | 9.30am | Alison Wade |
| Wednesday 24 | Grumpy Old Men: TBA | 10.00am | Brian Knight |
| Friday 26 | Deadline for submission of Material for Newsletter | | Mike Matthews |
| Friday 26 | Walking Group: Tibrogargan Circuit, Glasshouse National Park | 7.30am | Brian Knight |
| Saturday 27 | Cinema: Venue TBA | 10am | Mike Matthews |
| Monday 29 | Book Club: Meeting room Kawana Library | 9.30am | Lorraine Samin |