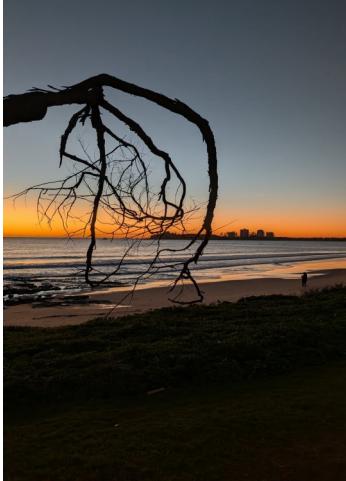


# Members Newsletter February 2026



## PROBUS CLUB OF KAWANA WATERS



### GENERAL MEETINGS

Will be held on the  
2nd Tuesday monthly

**Our General  
Meetings are held at  
KAWANA SURF CLUB  
commencing at 10am.**

### APOLOGIES

For non-attendance.  
All Members should  
Notify:

Registrar Brian & Julie  
Knight by email  
[bjfknight@bigpond.com.au](mailto:bjfknight@bigpond.com.au)  
Phone: 07 5452 6558

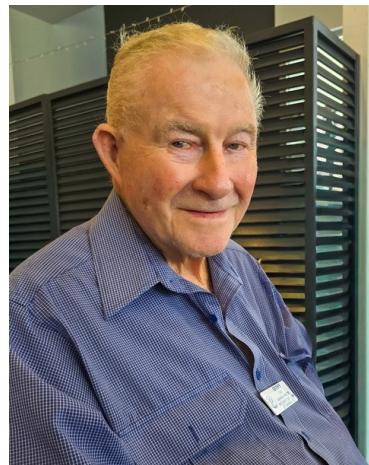
By Friday **AM** before the  
day of the meeting to assist  
with catering.

**Visitors contacts  
Nurturing Coordinators  
Coral Horton  
0410 613 026**

### PEOPLE AND PLACES



The President inducted Rob Matchett as a new member and he was welcomed into Kawana Waters Probus Club. Helen Matchett was also inducted in her absence due to ill health.



**Geoff Cole celebrating his  
birthday with us.**

Guest speakers from Aged and Disability Advocates (ADA Australia). Natasha Page and Toni Law spoke on the two aspects of this support service:- Care assistance and Financial assistance.



**Reminder to contact the Co-ordinator(s) or put you name on the list at the front of the General Meeting room if you are interested in coming to any activity. This will ensure you are kept up to date with latest information.**



### CINEMA SATURDAY

Most Saturdays a group of Probus Members meet at either BCC Maroochydore or Kawana to enjoy each other's company and see a movie screening before 11am. The movie goers are normally notified of the chosen movie Wednesday night or Thursday, with a meeting time in the foyer. **No need to RSVP** just turn up by the allocated time. If you are interested in joining us please contact Mike 0416325763.

## From the President's Desk – Robyn Cole

Hello Everyone



Time seems to be flying by! Here we are almost to the end of January already! I have very much enjoyed the Club's activities this month and I hope you have too.

It was good to learn from Kendra, our Treasurer, that the Club fees for the next Probus year will not increase. Other good news is that the Committee appears to have found members who are stepping up to fill vacant positions which means I won't be nagging you about "Succession" at the next meeting. Thank you to all those remaining on the Committee and those who are stepping up.

Yours in fun, friendship and fellowship.  
Robyn C.

### RECIPE OF THE MONTH TO TRY

#### APPLE CINNAMON COTTAGE CHEESE BREAKFAST MUFFINS

Soft, cozy, lightly sweet, and PACKED with protein —

**INGREDIENTS:** • 1 cup cottage cheese • 2 large eggs • 1 cup finely diced or grated apple

•  $\frac{1}{3}$  cup maple syrup or honey • 1 tsp vanilla extract • 1½ cups oat flour or all-purpose flour • 1 tsp baking powder •  $\frac{1}{2}$  tsp baking soda • 1½ tsp ground cinnamon •  $\frac{1}{4}$  tsp nutmeg (optional) •  $\frac{1}{4}$  tsp salt (Optional but delicious) • Chopped walnuts or pecans • Cinnamon sugar for topping



**METHOD:** 1 □ Preheat oven to 350°F (175°C). Line or grease a muffin tin.

2 Blend cottage cheese and eggs until completely smooth.

3 Stir in apple, maple syrup, and vanilla.

4 Mix in flour, baking powder, baking soda, cinnamon, nutmeg, and salt.

5 Fold in nuts if using.

6 Divide batter evenly into muffin cups.

7 Bake 18–22 minutes until set and lightly golden.



### DINE OUT — 12 Noon

#### WEDNESDAY 4th FEBRUARY BOWER TREE SIPPY DOWNS

Phone Mike—0416325763

#### CRAFT MEETINGS

Kawana Surf Life Saving Club.  
17th February—All Welcome

#### BRUNCH - 11am

\*12th FEBRUARY

At Cafe Rubia, The Bower Tree Sippy Downs



#### WEARING OF BADGES

A very necessary reminder that all members and visitors are required to wear their name badge at all times while attending Club functions. This helps visitors to interact with members – and vice-versa, helps newer members to get to know older members and – just as importantly - helps older members make newer members welcome. If you forget to bring your permanent badge (or temporary badge if you are a visitor), a temporary stick-on badge

## BOOK CLUB ONE

### Lorraine Samin

**At the January get together, members discussed the books they had read during the Holidays**



## INTEREST GROUPS

### Members & Guests Activities

<b>Armchair Travel:</b>	Anna Firmin	0427 611 174
<b>Book Club 1:</b>	Lorraine Samin	0402 080 683
<b>Book Club 2:</b>	Leonora Rea	0408 231 293
<b>Bus Trips:</b>	Anna Firmin	0427 611 174
<b>Cinema:</b>	Mike Matthews & Coral Horton	0416 325 763 0410 613 026
<b>Brunch:</b>	Kathy Jackson	07 5437 6061
<b>Craft:</b>	Lynne Rowell	0427 517931
<b>Dining:</b>	Mike Matthews	0416 325 763
<b>Grumpy Old Men:</b>	Brian Knight	0414 538 560
<b>Local Theatre:</b>	Pat Blakeman	0409 901 176
<b>Other Theatre</b>	Mike Matthews	0416 325 763
<b>Mahjong:</b>	Sue Penfold	0413 470 494
<b>Picnics:</b>	Kay Cooper	0411 722 545
<b>Walking:</b>	Brian Knight	0414 538 560

## THE BUS TRIP 2026



### BUS TRIP ON THURSDAY 5th MARCH 2026

Newstead House - Guided Tour and Morning Tea — Travel to Northshore Hamilton and board CityCat — Riverside Cafe and Bar for lunch at own expense - Board CityCat back to Northshore Hamilton Bus back to Longwood Street

**Cost:** \$50.00 per person

**Please note:** (1) Members will need either a GoCard or a Smart Credit Card for the Ferry  
(2) Lunch at own expense

**Cut-off date for payment / refund for cancellation:** Tuesday, 24th February, 2026. Preferably payment should be paid by Bank Transfer to the Probus Account.

Club's bank details. They are as follows:

Heritage Bank  
BSB 638-070  
Account 8576386

**Regards Anna**



**Computing Support contact:**  
**Leigh Baker - Windows PCs and laptops, Android phones and tablets**

**John Roberts - IOS PCs and laptops Apple phones.**

**PAQ Web Site:** enter the web site at [www.paqnetwork.com.au](http://www.paqnetwork.com.au)  
**Secretary:** [mail@paqnetwork.com.au](mailto:mail@paqnetwork.com.au)

**Welfare & Support****Ruth McDonald — 0448 001750**

**Any members who are ailing or needing support please ensure that Ruth knows about it so that the Club is able to provide whatever assistance it can.**

**Treasurer's Report for January 2026**

Opening Balance at 1st January \$6,860.80  
 Total Receipts \$1,394.00  
 Total Expenses \$ 521.20  
 Closing Balance as at 25 January \$7,733.60

Regards Kendra Stevens

**February Birthdays**

Di HUTHNANCE	2
Lily DICKSON	16
Dorothy KING	23
Ruth McDONALD	22
Fran NORRIE	27



**Wishing you all a very Happy Birthday from your fellow club members, we hope you have a great day and year to come.**

**ARMCHAIR TRAVEL**

**09:30 February 13th at the Kawana Surf Club.**

**If you love wild animals come and join Mike Matthews who will take us on a fantastic movie journey through South Africa and Swaziland.**

**All member and friends welcome**

**Phone Anna: 0427 611 174**

**PETER HUTHNANCE GUEST SPEAKERS**

**Speaker: Captain Brad Hanley  
 Helicopter Rescue In Central QLD**

**Topic: Rescue  
 Helicopter Stories**



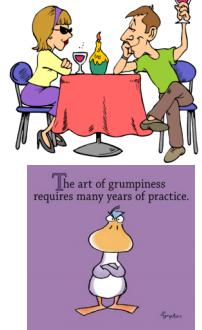
DIRECTORY	
MANAGEMENT COMMITTEE	
<i>President:</i>	<i>Robyn Cole</i> 0400 599 885
<i>Snr Vice-President:</i>	<i>John Rea</i> 0437 779 405
<i>Jn Vice-President:</i>	<i>Gary Brushe</i> 0421 327 864
<i>Secretary:</i>	<i>Maureen Dunn</i>
<i>Treasurer:</i>	<i>Kendra Stevens</i> 0409 172 299
<i>Registrars</i>	<i>Brian &amp; Julie Knight</i> 0414 538 560
CLUB OFFICERS	
<i>Assist. Secretary:</i>	<i>Michelle Parks</i> 0410 277 673
<i>Assist. Treasurer:</i>	<i>Sonia Delaney</i> 0412 909 340
<i>Assist. Registrar:</i>	<i>Lynne Rowell</i> 0427 517 931
<i>Past President (ex officio)</i>	<i>Alison Wade</i> 0401 640 348
<i>Nurturing Coordinators</i>	<i>Coral Horton</i> 0410 613 026
<i>Welfare:</i>	<i>Ruth McDonald</i> 0448 001750
<i>Assist. Welfare:</i>	<i>Sue Goodman</i> 0402 850 691
<i>Newsletter:</i>	<i>Mike Matthews</i> 0416 325 763
<i>Guest Speaker:</i>	<i>Peter Huthnance</i> 0400 756 773
<i>Media Officer:</i>	<i>Vacant</i>
<i>Meet &amp; Greet:</i>	<i>Bronwyn Miller</i> 0402 566 226
<i>Assist Meet &amp; Greet:</i>	<i>Maggie Marsden, Maureen Kelly</i>
<i>Safety Officer:</i>	<i>Sue Penfold</i> 0413 470 494
<i>Verifier:</i>	<i>Gerhard Kronberger</i> 0409 500 091
<i>Website:</i>	<i>Gerhard Kronberger</i> 0409 500 091
<i>Equipment Officer:</i>	<i>Bill Delaney</i> 0427 817 320
<i>Lucky Door Prizes:</i>	<i>Mary Hudson</i> 0407 623 303

**Suggestion Box**

Don't forget to put suggestions in the box or email the Secretary with any item you wish to bring to the attention of the Management Committee:  
 Email: [kawanawatersprobus@gmail.com](mailto:kawanawatersprobus@gmail.com)

## CLUB ACTIVITIES

### Check Calendar for times and Locations



## PROBUS CLUB OF KAWANA WATERS

### BANK ACCOUNT DETAILS

BSB: 638070 -- AC NO: 8576386

### CONVENORS REPORTS FOR JANUARY 2026

#### CINEMA REPORT BY CORAL HORTON

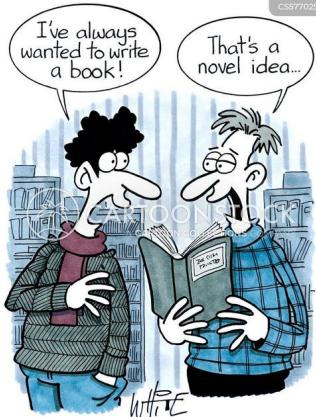


Avatar....well what can I say...I thought the 3D effects were incredible, the whole experience was well worth it. Did I understand the story? No, but that was because I did not do myself the favour of watching the previous two before I went!

The following week we saw The Choral...again another great movie, so much to enjoy about this wartime movie set in a small town, with the desire to make their wonderful voices heard.

The following we saw Grow a fun British comedy about growing the largest pumpkin for the local show—Just pure fun!

**PLEASE REMEMBER TO TRY AND HAVE THE CORRECT MONEY WHEN REGISTERING AT GENERAL MEETINGS**



#### Book Club 2

**Will meet On Thursday 26th February at Brightwater Tavern at 10am.**

**With the March meeting on Thursday 26th March at Brightwater Tavern at 10am.**

**If interested in joining see Leonora at our February meeting or send a text message to 0408 231 293.**

**THEATRE AND EVENTS FOR YOUR  
ENJOYMENT—PAT BLAKEMAN  
FOR FEBRUARY & MARCH - 2026**

**CALOUNDRA CHORALE & THEATRE: (CCTC) Wurtulla.**

**Sunday 22nd February 2pm**

**BACK to the 60's**

**\$27**

**Bookings to Pat Blakeman—0409 901 176**

[www.caloundrachorale.com.au](http://www.caloundrachorale.com.au)

**LIND LANE THEATRE: - NAMBOUR**

**February 13-21 - The Woman in Black**

**April 24- May 2nd - UNDERDOG: The Other Other Bronte**

[www.lindlane.com.au](http://www.lindlane.com.au)



**BATS THEATRE:** Buderim War Memorial Hall, Main & Church Sts Buderim.

**BOOKINGS PHONE ALICE – 0427 856 680**

[www.batstheatre.com](http://www.batstheatre.com)

**QPQC**

**3 January to 15 February 2026—LITTLE SHOP OF HORRORS**

**Saturday, 7 February 2026, 7:30pm—Queensland Symphony Orchestra - FAVOURITES**

**9 to 12 July 2026—Ballet Theatre Queensland—SNOW WHITE**

<https://www.qpac.com.au/>

**THE EVENTS CENTRE: CALOUNDRA**

[www.theeventscentre.com.au](http://www.theeventscentre.com.au)

**THE MAJESTIC THEATRE: Pomona A great experience.**

**SILENT MOVIE EVERY SATURDAY AT 12 NOON**

See site for other shows—[www.themajestictheatre.com.au](http://www.themajestictheatre.com.au)

**SUNSHINE COAST CONCERT BAND:** Kawana Community Hall, Buddina

Features a 2026 season with performances like "Romance and

**Fate" (March 29)**

[www.sccb.org.au](http://www.sccb.org.au)

**SUNSHINE COAST SYMPHONY ORCHESTRA:**

**Sun 29 Mar 2026, 2pm—Romance and Fate**

Events Centre Caloundra

Box Office – 54914240 – [www.sunshinecoastsymphonyorchestra.com](http://www.sunshinecoastsymphonyorchestra.com)



## FUNNIES



We are not old.  
We are recycled  
teenagers.

**Why is everyone at the  
gym asking me why I am  
sitting still on a stationary  
bike?**

**I'm going downhill dude,  
mind your own business.**



**Internet Banking Details: BSB: 638 070  
A/c: 8576386—Ref: Your name and event.**

Day	February 2026	Time	Coordinators
Monday 2	<b>Mahjong:</b> Club Kawana - <a href="#">beginners welcome</a>	<b>10.00</b>	Sue Penfold
Tuesday 3	<b>Picnic: At La Balsa Picnic Area.</b>	<b>12 noon</b>	Kay Cooper
Wednesday 4	<b>Dine Out:</b> The Bower Tree 10 Courage St, Sippy Downs	<b>12 noon</b>	Mike Matthews
Friday 6	<b>Walking: Foote Sanctuary Buderim.</b>	7.00am	Brian Knight
Saturday 7	<b>Cinema:</b> Venue TBA	<b>TBA</b>	Mike Matthews
Tuesday 10	<b>GENERAL MEETING:</b> Speaker: Captain Brad Hanley Helicopter Rescue In Central QLD - Topic: Rescue Helicopter Stories	<b>10am</b> <b>12 Noon</b>	Brian & Julie Knight
Thursday 12	<b>Brunch :</b> Cafe Rubia, At The Bower Tree 10 Courage St, Sippy Downs	<b>11am</b>	Kathy Jackson
Friday 13	<b>Armchair Travel Group : SPEAKER TBA</b>	<b>9.30am</b>	Anna Firmin
Saturday 14	<b>Cinema:</b> Venue TBA	<b>TBA</b>	Mike Matthews
Monday 16	<b>Mahjong:</b> Club Kawana - <a href="#">beginners welcome</a>	<b>10.00am.</b>	Sue Penfold
Tuesday 17	<b>Craft:</b> At Kawana Surf Club - <a href="#">All welcome</a>	<b>10am-12.00</b>	Lynne Rowell
Friday 20	<b>Walking:</b> Yandina Creek Wetlands, Maroochy River.	<b>7.30am</b>	Brian Knight
Saturday 21	<b>Cinema:</b>	<b>TBA</b>	Mike Matthews
Monday 23	<b>Book Club 1:</b> Meeting room Kawana Library	<b>9.30am</b>	Lorraine Samin
Tuesday 24	<b>Management Committee Meeting</b>	<b>9.30am</b>	Robyn Cole
Wednesday 25	<b>Grumpy Old Men:</b> Seaside Museum Bongaree, Bribie Island & lunch at RSL Club. 11am at Museum.	<b>11.00am</b>	Brian Knight
Thursday 26	<b>Book Club 2:</b> Brightwater Tavern <a href="#">New Members Welcome</a>	<b>10am</b>	Leonora Rea
Friday 27	<b>Deadline for submission of Material for Next Newsletter</b>		Mike Matthews
Saturday 28	<b>Cinema:</b>	<b>TBA</b>	Mike Matthews

Day	March 2026	Time	Coordinators
Monday 2	<b>Mahjong:</b> Club Kawana - beginners welcome	<b>10.00</b>	Sue Penfold
Tuesday 3	<b>Picnic:</b> Currimundi Park Currimundi	<b>12 noon</b>	Kay Cooper
Wednesday 4	<b>Dine Out:</b> Three in Caloundra	<b>12 noon</b>	Mike Matthews
Friday 6	<b>Walking:</b> Maroochy Botanic Gardens Tall Gums Bushwalk .	<b>7.30am</b>	Brian Knight
Saturday 7	<b>Cinema:</b> Venue TBA	<b>TBA</b>	Mike Matthews
Tuesday 10	<b>GENERAL MEETING: No Speaker as it is our AGM</b>	<b>10am 12 Noon</b>	Brian & Julie Knight
Thursday 12	<b>Brunch :</b> Flo's Creperie 23/123 Parkyn Pde, The Wharf, Mooloolaba	<b>11am</b>	Kathy Jackson
Friday 13	<b>Armchair Travel Group :</b> Mike Matthews South Africa and Swaziland A Movie.	<b>9.30am</b>	Mike Matthews
Saturday 14	<b>Cinema:</b> Venue TBA	<b>TBA</b>	Mike Matthews
Monday 16	<b>Mahjong:</b> Club Kawana - beginners welcome	<b>10.00am.</b>	Sue Penfold
Tuesday 17	<b>Craft:</b> At Kawana Surf Club - All welcome	<b>10am-12.00</b>	Lynne Rowell
Friday 20	<b>Walking:</b> Mount Ninderry Walking Track	<b>7.30am</b>	Brian Knight
Saturday 21	<b>Cinema:</b>	<b>TBA</b>	Mike Matthews
Monday 23	<b>Book Club 1:</b> Meeting room Kawana Library	<b>9.30am</b>	Lorraine Samin
Tuesday 24	<b>Management Committee Meeting</b>	<b>9.30am</b>	Robyn Cole
Wednesday 25	<b>Grumpy Old Men:</b> Terella Brewery, North Arm 11.00am followed by lunch at brewery or in the area.	<b>11.00am</b>	Brian Knight
Thursday 26	<b>Book Club 2:</b> Brightwater Tavern <b>New Members Welcome</b>	<b>10am</b>	Leonora Rea
Friday 27	<b>Deadline for submission of Material for Next Newsletter</b>		Mike Matthews
Saturday 28	<b>Cinema:</b>	<b>TBA</b>	Mike Matthews