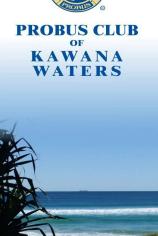
Members Newsletter June 2020





MEETINGS

Are held on the 2nd Tuesday monthly (except December) at **Venue 114**,

114 Sportsman's Parade, Bokarina,

Venue 114 is closed until further notice, so unfortunately our monthly meeting are suspended.

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Thoughts & Feedback from Maureen

It hard to believe it's only been two months since the restrictions that accompany COVID-19. During this time frame, members of the Management Committee have been in touch with many members and in general the majority of members are coping well with the restrictions that the government at various levels have put in place to protect our physical health. It is interesting how many of us are coping by modifying our activities to reduce our exposure to the virus. Many of us have well-meaning relatives who are very concern by our possible exposure to the virus – they inform us that we should wear masks & gloves when we go out, but better still they are willing to do our shopping or collect our online order for us. Whilst this response is how we hope that family members will respond, we trust that they appreciate that remaining independent is a vital factor in our emotional well-being & hence general health. This 'need' for independence is something that we sometimes only understand as we age or survive a life changing illness.

Being independent is something our members definitely process & utilize on a daily basis. From shopping for food, going for walks, maintaining involvement in community based welfare by making scrubs & assisting others who need support even if it's at a physical distance. Community involvement is high on the agenda for our members irrespective of restraints that have been implemented to protect the health of the wider community.

Unfortunately some of our members have been ill during the last couple of months, some with ongoing issues & some new. The positive news is that members are responding to treatment & hopefully will be fully recovered by the time we return to normal club operation. If you/family member/friend become ill please let Dorothy King know so that we may offer appropriate support if required. From a personal experience, it's great to know that there are supportive individuals in the club who are happy to assist during periods of illness. We also remind members that if you required extended medical treatment the management committee is happy to place your membership on hold, until you are able to return to club based activities.

COVID-19 has certainly changed the way society functions. In an attempt to return to some form of normality, the management team is extending an invitation to club members to meet at La Basla Park on Tuesday 14th July at 11am for a mini meeting & a picnic lunch. The concept arose out of our inability to have our traditional Christmas in July bus trip – solution Christmas in July Picnic.

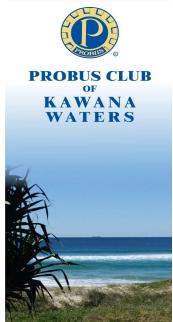
As Venue 114 at this point appears to be unavailable, we thought combining a mini meeting with the picnic would provide members with the opportunity to at least get together in the outdoors. It will however necessary to bring your own picnic lunch & seating. There are limited number of picnic tables available at the park.

PROBUS CLUB OF KAWANA WATERS, INC

P.O. Box 398, Buddina, Qld 4575

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Thoughts & Feedback from Maureen continued

If you are interested in attending, please let Secretary Julie know. Depending on numbers, we may need to spread out in order to adhere to government regulations. It will also indicate if we need to secure a second covered area.

Communication with Venue 114 Venue Officer has commenced. Due to council's need to adhere to government policy it is currently unknown when the facility will reopen. Reviewing current spacing requirements, the club will need to hire an alternate on site venue. Whilst we are all eager to return to 'normal' operations, we must address the health issue of what is best for our members.

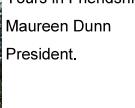
Interest Groups – it is pleasing that the effects of COVID-19 have not stopped some of the club activities from continuing. Leigh & Jenny Baker are working hard to ensure that Book Club members have access to reading material, made slightly easier now that there is limited access to the library. Armchair Travel Group have connected via ZOOM thanks to Anna setting up the link. It is interesting getting to see others physically but at a distance even though we are in the same community. The ability to virtually travel at this time of limited travel is also a fantastic break from our new norm lifestyle.

The Walking Group will return to 'normal' as of Wednesday 3rd June the opening of National Parks has provided Brian with a choice of walks that had been removed for the early part of the lock down. Whilst other interest groups are considering return to operation, they are limited in some cases by venues & government regulations. Convenors will keep group members aware of what is happening.

As members are aware, we normally have a suggestion box at monthly meetings. This box is now a virtual suggestion box – please contact Senior Vice President & Newsletter editor Mike with any item you wish to bring to the attention of the Management Committee.

Please take care of yourself in these uncertain times. Hopefully the measures that have been put in place to reduce the spread of COVID-19 continue to be successful & we are able to return to enjoying life in this lucky country.

Yours in Friendship, Maureen Dunn





Virtual Suggestion Box

Please contact Senior Vice President & Newsletter editor Mike with any item you wish to bring to the attention of the Management Committee.

Email: mikemat62@gmail.com—Ph: 0416325763



Newsletter Editor:

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Welfare & Support

Dorothy King - 5337 9112 — 0406 908 698

Any members who are ailing or needing support please ensure that **Dorothy** knows about it so that the Club is able to provide whatever assistance it can.

Treasurer's Report for June Newsletter

Opening	Balance 30-04-20	\$6490.62
Receipts	May	\$ 70.00
Expenses	May	\$1044.50
Closing	Balance 31-05-20	\$5516.12

June Birthdays

Alan Taylor 10 **Brian WILLEY** 11 **Beryl BRADY** 12 **Brian CLARK** 14 **Ann BEAUFOY** 16 Beth LATTIMER 17 **Graeme ARMSTRONG19 Geoff CUGLEY** 19 Pauline TETTHER 22



Wishing you all a very Happy Birthday from your fellow Probians, Have a great day and many more happy days to come.

Walking Group Walks in June Wednesday 3rd

Jill Chamberlain Reserve Caloundra

Wednesday 17th

Dularcha Railway Tunnel track

Walks in July

TBA Regards Brian





JUST FOR FUN

DIRECTORY	
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Assist. Secretary:	
Assist. Treasurer: Dorothy King	5337 9112
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Guest Speaker: Jan & Graeme Rowe	5491 9287
Media Officer: Anna Firmin	0427 611 174
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Welfare: Dorothy King	5337 9112 0406 908 698
Website: Gerhard Kronberger	0409 500 091

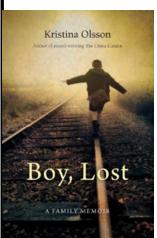
Internet Banking details: BSB: 638 070 A/c: 8576386 Ref: Your name and event.

PAQ Web Site: enter the web site at www.paqnetwork.com.au Secretary: mail@paqnetwork.com.au President: president@paqnetwork.com.au

Friendship Fellowship Fun

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Book Club - Jenny and Leigh Baker



The book for April was "Boy Lost" by Kristinna Olsson, a Brisbane-based writer. It is a family memoir and uses two parallel narratives to relate the story - Yvonne's story and her son Peter's story.

Peter is forcibly taken from his mother as she is trying to escape from her violent husband. Pete, has an horrific childhood. A violent home life, polio, institutionalised care, bullying and sexual violence. Throughout his childhood he keeps searching for his mother.

Yvonne tries to regain custody, but as a poor woman living in post-war Brisbane she finds this impossible, but she never stops thinking of her lost child. This true story traces their lives and showcases the society of the times and provides glimpses of life in Brisbane and Cairns in the 1950's.

It is a powerful and absorbing read. Most of the group admitted to shedding a tear or two as the story unfolded. A book well worth reading.

Jenny Baker

Boy, Lost was the last of our book sets from the Library before it closed. As we were unable to meet, we adopted a work-from-home model, collected each member's review and distributed a compilation on the day of the scheduled April meeting. In May, we used an own choice approach and again compiled the reviews and distributed them on the scheduled meeting day. For June, we have managed to obtain a Library book set again, so are back to the work from-home model used in April.

In case anyone is looking for ideas for something to read, these are the books chosen by our members to review in May:

Ivan's Legacy, by Kathryn Collis The Perfumer' Secret, by Fiona McIntosh

Sheltering Rain, by Jojo Moyes The Runaways, by Fatima Bhutto

The Happiest Refugee: a Memoir, by Anh Do
The Long, Hot Summer, by Mary Moody
The Tea Gardens, by Fiona McIntosh

Sea People: The Puzzle of Polynesia, by Christina Thompson Tea Time for the Traditionally Built, By Alexander McCall Smith

Armchair Travel 29th May

Maureen, Mike, Judy, John, Ron and Dorothy, Jan and Graeme Rowe and I met last Friday through the medium of Zoom! I enjoyed 'seeing' everyone again and I feel it was a success!

We discussed the calendar and it was decided to meet on Zoom again **On June 12th at 10:00.** If you want to join us, do get in touch with me for the invitation.

It was also decided we would meet again at **One on Balsa at 10.00 on July 10th** – using social distancing! The topic will be "Creating Memories". If you have any photo books do bring them along and be prepared to give us the good and bad of the system you used – they are all very different!! I hope to have a computer to demonstrate the USB system.

From there we went on to discuss the "One Photos and 25 Words": a place you love – why?; a place you would like to go – why?; or somewhere you would like to return to – why?; which was my challenge to the group during May. This proved to be great fun. I plan to re-gig the six for inclusion in the Probian and Seniors magazines.

We closed at about 10:45 with the declaration it was a success! The quote of the day would have to be Judy: "That's the best meeting – I am still in my PJs".

Thanks for being part of it.

Anna.